

A close-up of a hand with a ring on the ring finger, holding a white marker.

Proud to be a *period positive* university.

We're working with TOTM to champion menstrual dignity and wellbeing at university.

We're proud to work in partnership with **TOTM** to champion period dignity to our students.



Made with 100% organic cotton, which is naturally soft, absorbent, and comfortable.



Clinically tested, non-irritating period care.



Over 20m plastic applicators saved from the oceans and landfill.



Tampons and pads wrapped in recyclable paper, all packaged in recycled cardboard.



No harsh chemicals, toxins, or fragrances.

A close-up of a hand holding a white, folded menstrual pad.

Please take
what you
need,
leave some
for others.

TOTM

totm.com | [@totmorganic](https://www.instagram.com/totmorganic)

Get 20% off every order with this exclusive offer.

Stay stocked up with planet-friendly period care with an exclusive 20% off every TOTM order. Follow the QR code to learn more.

